

LEG 34 "LEG LEIDOS"

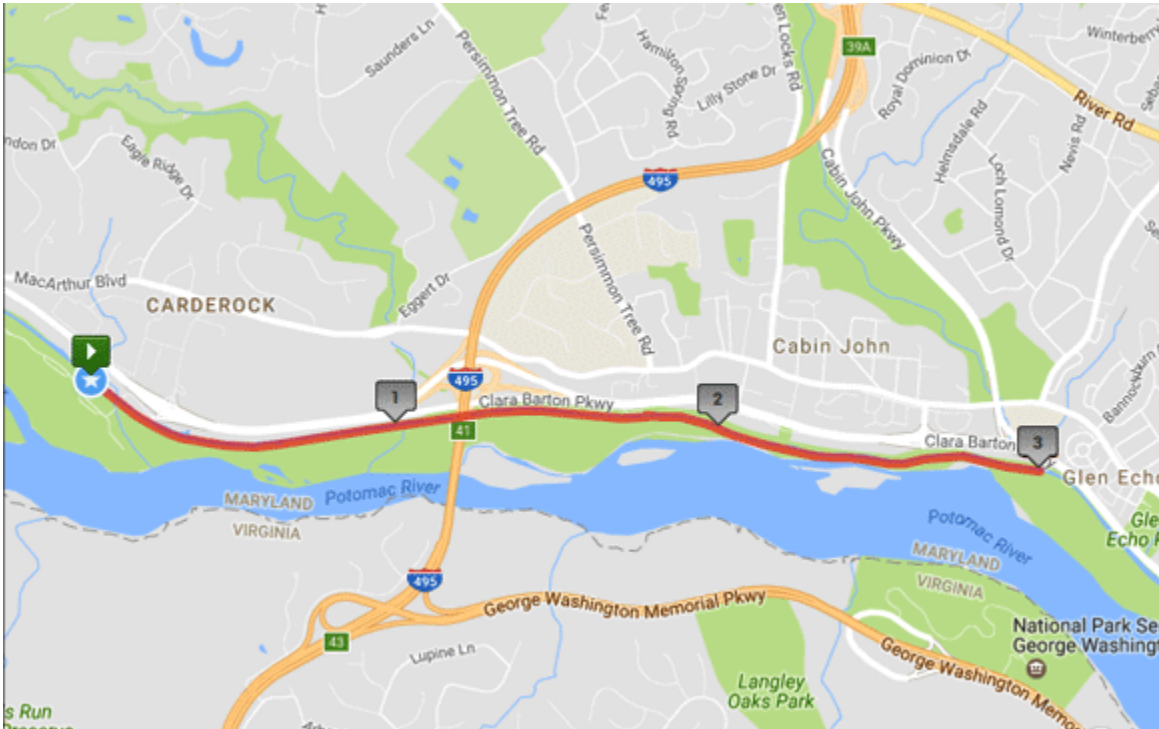
3.0 MILES | EASY



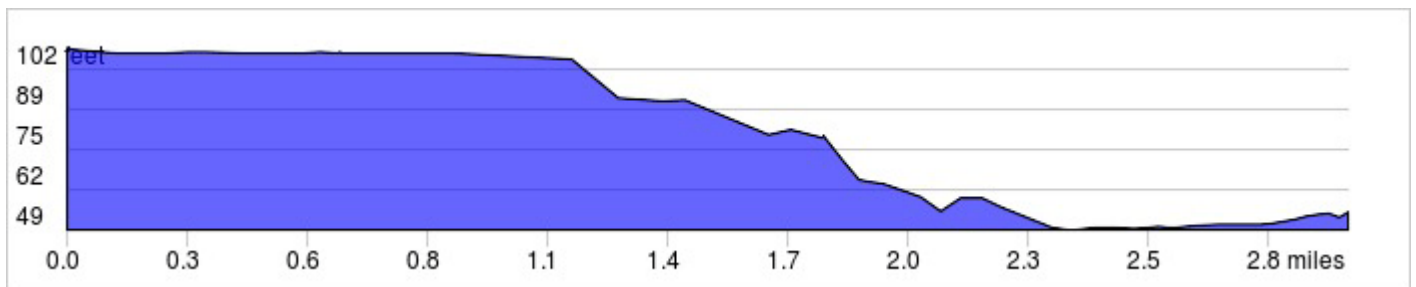
RUNNERS

Mileage is per segment, not cumulative

1. C&O Canal Carderock Picnic Area to Wilson Lane.



ELEVATION: min: 49ft | max: 142ft | ascent: 98ft | descent: -129ft



AMERICAN ODYSSEY RELAY

LEG 34 "LEG LEIDOS"

3.0 MILES | EASY



VANS

Leave parking lot for .4 to first left. Wind around to eventual left onto Clara Barton Parkway West towards Potomac (returning the same way you just came - not heading towards DC) .6 to the end. Right on MacArthur Blvd. 3.3 to cross the one lane bridge. Park on either side of the bridge.

TRANSITION 34: 7400 MacArthur Blvd., Bethesda, MD

POINTS OF INTEREST:

PLEASE NOTE: From the place where you park to where you meet your runner is a 7-10 minute walk down a dirt path. Yes, we know you're tired, but this is the safest way to run into DC!