## LEG 6 "AND

## "ANDREA'S ASCENT"

(formerly "LANDAU'S LEG")

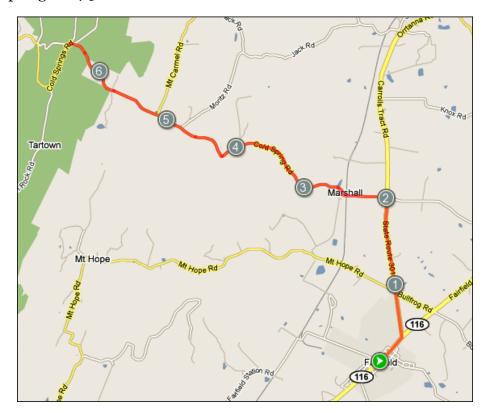
6.5 MILES | VERY HARD



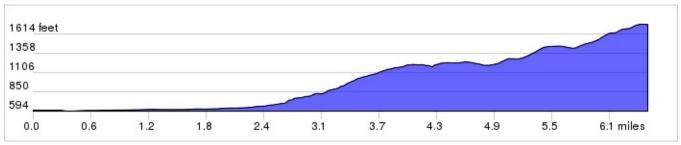
## **RUNNERS**

Mileage is per segment, not cumulative

- 1. Turn right immediately after the church parking lot .1 to
- 2. Left on Main Street .4 to
- Left on Carroll's Tract—just after Post Office for 1.4 to (caution lots of traffic possible on Carroll's Tract)
- 4. Left on Cold Spring for 4.5 to turnoff



ELEVATION: min: 594ft | max: 1614ft | ascent: 1236ft | descent: -101ft



#### AMERICAN ODYSSEY RELAY

# LEG 6 "ANDREA'S ASCENT"

(formerly "LANDAU'S LEG")

**6.5 MILES | VERY HARD** 



### **VANS**

Mileage is per segment, not cumulative

- 1. Continue on Main Street .4 to
- 2. Left on Carroll's Tract—just after Post Office for 1.4 to (caution lots of traffic possible on Carroll's Tract)
- 3. Left on Cold Spring for 4.5 to turnoff

TRANSITION 6: 3202 Cold Spring Road, Ortanna, PA

#### **POINTS OF INTEREST:**

The first time we drove this leg my running partner, Cyndi, said, "my ears are popping!" This leg is not for the faint of heart! The first third will lull you to sleep. The rest will remind you why it's deemed VH!

This leg is named in memory of Andrea, daughter of AOR 2009 leg 6 runner, Andre Springer.

Make sure to get your "I ran leg 6 of the American Odyssey Relay" beer glass!