

LEG 4

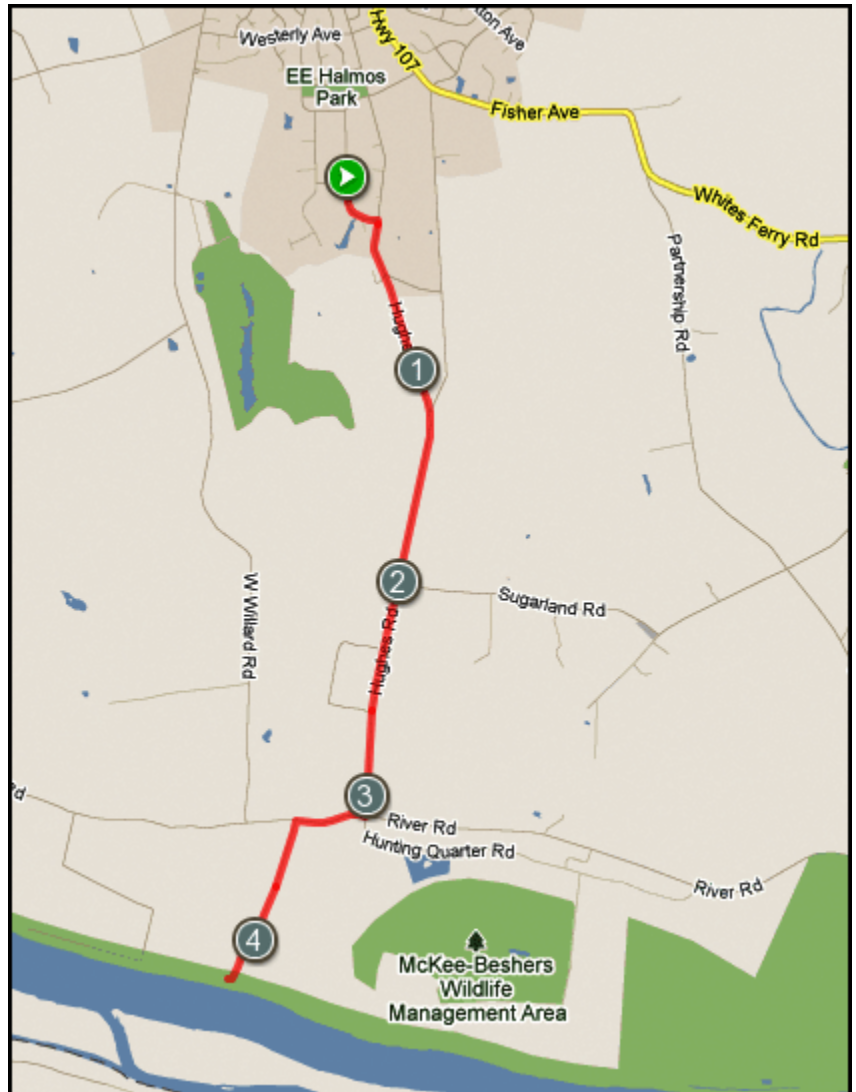
4.1 MILES | EASY



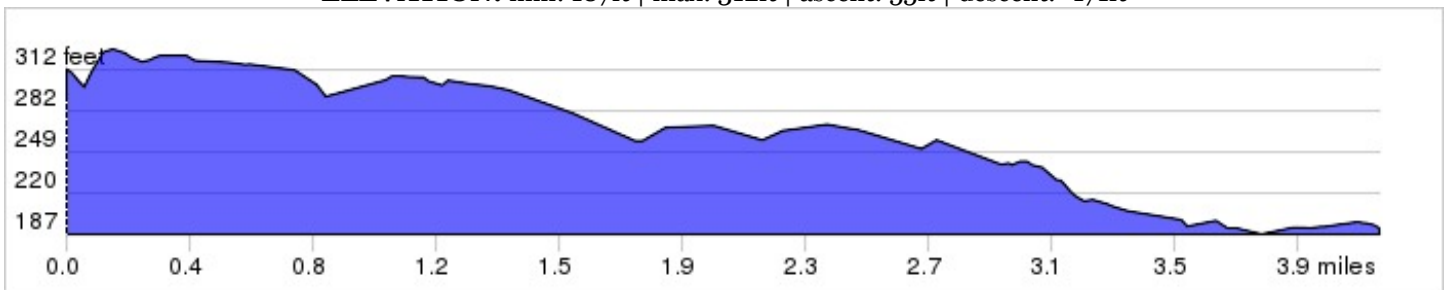
RUNNERS

Mileage is per segment, not cumulative

1. Out transition and continue on Tom Fox .4 to
2. Right on Hughes for 2.8 to
3. Right on River Road for .4 to
4. First left on Sycamore Landing for .4 to transition



ELEVATION: min: 187ft | max: 312ft | ascent: 55ft | descent: -171ft



POTOMAC ODYSSEY RELAY

LEG 4

4.1 MILES | EASY



VANS

Mileage is per segment, not cumulative

1. Out transition and continue on Tom Fox .4 to
2. Right on Hughes for 2.8 to
3. Right on River Road for .4 to
4. First left on Sycamore Landing for .4 to transition

TRANSITION 4: Sycamore Landing Road, Poolesville, MD