



Potomac Odyssey Relay 2020 - Summary Sheet

We are thrilled that you are joining us on April 25th for the fifth annual Potomac Odyssey Relay! As you are probably aware, you will be running the last quarter of the American Odyssey Relay. So, you will be picking up the American Odyssey at transition 27 (Brunswick, MD), leg 28, which is Potomac Odyssey Relay leg 1. Other than different leg numbers, everything else is the same between the last 9 legs of the American Odyssey and the Potomac Odyssey Relays. Following are some specifics (in addition to those already on the Potomac Odyssey Relay site under Individual Leg Maps and FAQs)

1. You do not need to attend the team captains' meeting in Gettysburg the night before the American Odyssey, but please be at the start of the Potomac Odyssey no later than 6:30 AM on the April 25th.
2. The start is at 100 S. Maple Ave., Brunswick, MD, which is transition 27 of the American Odyssey Relay (start of leg 28.) It's the Brunswick Marc Station.
3. We will bring race packets that will contain t-shirts, a slap band, van signs, race numbers, safety pins, etc. Please double check that the t-shirt sizes for all of your team members are correctly in the registration system, as we can't carry a ton of extras with us to the start. There will be limited trade-in options at the finish line, as long as supplies last.
4. There will be bathroom facilities available in close proximity to every transition except T7, which is the end of leg seven at Wilson Lane. There is a portable toilet about 1/4 mile away from there in the parking lot across the bridge.
5. Please follow all of the safety rules set out in the Potomac Odyssey Handbook and Safety Manifesto. You will be running entirely during daylight hours and most of your legs will be off-road, but there *are* three legs that require running on open roads, so please read and follow these rules!
6. There is a lot of other important info in the Handbook that relates to both the American Odyssey and the Potomac Odyssey, such as EMT and other safety-related info. Please read it carefully!
7. We will be sending out info related to the finish line in mid-April. It applies equally to both Odysseys.

Thanks and we look forward to seeing you!