AMERICAN ODYSSEY RELAY

LEG 1
6.0 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Leave from in front of the Wyndham and make a right on Gateway Blvd. Go approximately .25 miles. Bear right at the T and exit the grounds at by crossing Rt. 30 (be careful and wait for light!)

2. Take Smith Rd. for 1.25

3. Left on Hunterstown for .8

4. Right on Shealer for .2

5. Left on Oak for .4

6. Left on Artillery for .35 to the end and bear

7. Right on Gordon for .2 to end to

8. Left on Old Harrisburg—BR 15—for .65—cross over to bike path before actually turning and running along Old Harrisburg - beware of congestion when crossing

9. Right on Broadway for .3

10. Left on Washington - run on sidewalk. Pass Gettysburg college and then Gettysburg Hospital on your right for a total of 1.05 to

11. Right to John Road for .3 miles to transition on left at Appalachian Brewing Company

**ELEVATION:** min: 476ft | max: 591ft | ascent: 230ft | descent: -207ft
AMERICAN ODYSSEY RELAY

LEG 1

6.0 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Leave complex and turn left on Rt. 30 for 2.3 miles to
2. Right on Hanover to the circle
3. 3/4 around circle onto Baltimore St. for .4 to
4. Rt. on Steinwehr (BR 15) for .3 to
5. Right to transition at Appalachian Brewing Company

TRANSITION 1: Appalachian Brewing Company, 259 Steinwehr Avenue, Gettysburg, PA

POINTS OF INTEREST:

Runners pass Gettysburg College and run through the “downtown” Gettysburg area. There are a variety of food opportunities along the way including a Weis Markets on Old Harrisburg on the left side of the road. The Civil War Museum is right at the transition area and has post cards, memorabilia, etc. Van 2 should be out sightseeing throughout the battlefields. They are a cool monument to US history.
AMERICAN ODYSSEY RELAY

LEG 2 "RICH'S REVISION"

6.25 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. From transition at Appalachian Brewing Company, continue on Johns Road for .3 to end to.

2. Left on Long Lane for .1 to

3. Right to Steinwehr (BR15) crossing road to run against traffic. This becomes Emmitsburg Road.

4. Continue for 6.1 miles to transition at Keystone Fireworks - 3640 Emmitsburg Road

ELEVATION: min: 436ft | max: 571ft | ascent: 193ft | descent: -256ft
AMERICAN ODYSSEY RELAY

LEG 2   "RICH'S REVISION"
6.25 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Approximately 6.25 miles South on BR 15 to Keystone Fireworks on left.

TRANSITION: 3640 Emmitsburg Road, Gettysburg, PA

POINTS OF INTEREST:

This leg bisects the Gettysburg Battlefields. The runner will see cannon and Civil War era fencing, not to mention monuments along the way.
AMERICAN ODYSSEY RELAY

LEG 3 “Easy Neil’s Favorite Covered Bridge”
6.7 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Parking lot at Keystone Fireworks .1 to
2. Left on Bullfrog for 2.4 to
3. Right on Pumping Station (at first Stop sign) for 1.4 to
4. Right on Red Rock (Camp Gettysburg Road is on left) for 2.4 to
5. Left on Waterworks over Eisenhower Bridge (lime green/no sign) for .3 to covered bridge transition

ELEVATION: min: 453ft | max: 594ft | ascent: 187ft | descent: -243ft
LEG 3 “Easy Neil’s Favorite Covered Bridge”
6.7 MILES | MEDIUM

VANS
Mileage is per segment, not cumulative

1. Parking lot at Keystone Fireworks .1 to

2. Left on Bullfrog for 2.4 to

3. Right on Pumping Station (at first Stop sign) for 2.4 to

4. Right on Scott/Waterworks (different name on either side of intersection) to covered bridge

TRANSITION 3: Sachs Covered Bridge, 199 Waterworks Road, Gettysburg, PA

POINTS OF INTEREST:
This is a beautiful rural leg. It ends at the covered bridge that is a landmark of the American Odyssey. Get your picture taken here!

No food available at the bridge.

This leg was named after running partner Neil Levin. Neil was whining after we named a leg for David Landau, so we gave him this to mollify him! His real claim to fame is that he came up with the Odyssey Oasis name. Thanks for that Neil!
RUNNERS

Mileage is per segment, not cumulative

1. Go back through covered bridge .3 to

2. Right on Red Rock (name changes to Camp Gettysburg near crossing at Pumping Station) for 2.6 to

3. Left on McGlaughlin to 2nd Stop sign to slight left onto Water for 2.6 to

4. Right on Liberty Hall (first right after street changes name to Water) for .3 to end to

5. Right on Tract for 1.5 (at .6 bear right to stay on Tract) to

6. Left on Sanders (just before big hill—the last time we checked the road sign for Sanders wasn’t there, but there is one on the right for Brent Road) for 1.3 around the bend and past the main entrance to Ski Liberty to the auxiliary parking area on the right.

ELEVATION: min: 453ft | max: 669ft | ascent: 629ft | descent: -478ft
AMERICAN ODYSSEY RELAY

LEG 4 DOUBLE BLACK DIAMOND!
8.6 MILES | VERY HARD

VANS

Mileage is per segment, not cumulative

1. Head down Scott to first right on Pumping Station (turns into Millerstown) approximately .6 to

2. Right on Red Rock (name changes to Camp Gettysburg near crossing at Pumping Station) for 2.8 to

3. Left on McGlaughlin to 2nd Stop sign to slight left onto Water for 2.6

4. Right on Liberty Hall (first right after street changes name to Water) for .3 to

5. Right on Tract for 1.5 (at about .6 bear right to stay on Tract) to

6. Left on Sanders (just before big hill) for 1.3 around the bend and past the main entrance to Ski Liberty to the auxiliary parking area on the right

TRANSITION 4: 108 Sanders Road, Ski Liberty, Fairfield, PA

POINTS OF INTEREST:

This is a very tough and long leg. It’s pretty, rural and hilly, particularly near the end. There should be rest room facilities at the lodge at Ski Liberty and possibly some food opportunities as well, but see leg five before eating here.
AMERICAN ODYSSEY RELAY

LEG 5  “NANCY’S RUN”
4.6 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Right out of parking area on Sanders (go through first Stop sign—beware of traffic!) for .5 to

2. Left on Jack’s Mountain over covered bridge for .2 (DON’T RUN UP THE HILL!!!!!) to immediate

3. Right on Zoo for 1.0 to end to

4. Right on Iron Springs for .1 to immediate

5. Left on Fairfield Station for 2.5 to

6. Left on E. Landis into the parking lot at the St. John Church

ELEVATION: min: 574ft | max: 705ft | ascent: 200ft | descent: -190ft
VANS

Mileage is per segment, not cumulative

1. Right out of parking area on Sanders (go through first Stop sign—beware of traffic!) to .5 to

2. Left on Jack’s Mountain over covered bridge for .2 (DON'T LET YOUR RUNNER GO UP THIS HILL!!!) to immediate

3. Right on Zoo for 1.0 to end to

4. Right on Iron Springs for .1 to immediate

5. Left on Fairfield Station (please don't block any driveways and be aware of and abide by all No Parking signs) for 2.5 to

6. Vans arriving before noon or vans containing runners planning to get food at Ventura’s, should continue to Main Street and turn left for .2 into the Ventura's parking lot on the right. There will be a limited amount of parking at the transition at the St. John Church. However, NO VANS MAY PARK IN THE ST. JOHN CHURCH LOT BEFORE 12:15!!!! The church has a pre-school that lets out around noon and we cannot interfere with it. Please respect this wish or we will lose this transition. We've moved the transition here to avoid the necessity of runners crossing Main Street.

TRANSITION 5: 13 E. Main Street, Fairfield, PA

POINTS OF INTEREST:

Ventura’s will be happy to take your carry out order for lunch/dinner. Call ahead to assure that it’s ready. (717-642-8202). The food is good, it’s reasonable and they are a good partner! Rest rooms open to runners. Bottled water and other drinks, chips, etc. all available too.

This leg is named after local runner Nancy Petrosky. Nancy actually helped with the first five legs and has been indispensable overall! As you go through the covered bridge, look straight ahead. You aren’t going up that hill, known as Jack’s Mountain, but that’s where Nancy lives. She has some decent hill workouts!

Okay, despite explicit directions and the capitalized words above, we had several runners “inadvertently” run up Jack’s Mountain. You can’t say we haven’t tried to stop you now!
AMERICAN ODYSSEY RELAY

LEG 6  “ANDREA’S ASCENT”
(formerly “LANDAU’S LEG”)

6.5 MILES | VERY HARD

RUNNERS

Mileage is per segment, not cumulative

1. Turn right immediately after the church parking lot .1 to

2. Left on Main Street .4 to

3. Left on Carroll’s Tract—just after Post Office for 1.4 to (caution lots of traffic possible on Carroll’s Tract)

4. Left on Cold Spring for 4.5 to turnoff

ELEVATION: min: 594ft | max: 1614ft | ascent: 1236ft | descent: -101ft
LEG 6 “ANDREA’S ASCENT”  
(formerly “LANDAU’S LEG”)  
6.5 MILES | VERY HARD

VANS

Mileage is per segment, not cumulative

1. Continue on Main Street .4 to

2. Left on Carroll’s Tract—just after Post Office for 1.4 to (caution lots of traffic possible on Carroll’s Tract)

3. Left on Cold Spring for 4.5 to turnoff

TRANSITION 6: 3202 Cold Spring Road, Ortanna, PA

POINTS OF INTEREST:

The first time we drove this leg my running partner, Cyndi, said, “my ears are popping!” This leg is not for the faint of heart! The first third will lull you to sleep. The rest will remind you why it’s deemed VH!

This leg is named in memory of Andrea, daughter of AOR 2009 leg 6 runner, Andre Springer.

Make sure to get your "I ran leg 6 of the American Odyssey Relay" beer glass!
AMERICAN ODYSSEY RELAY

LEG 7
4.9 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Head out of transition to the right for 4.9 miles to
2. Transition on the left across from the Armory.
3. Transition is on dirt road.

ELEVATION: min: 1362ft | max: 1703ft | ascent: 386ft | descent: -572ft
VANS

Mileage is per segment, not cumulative

1. Head out of transition to the right for 4.9 miles to
2. To transition in the Armory parking lot on the right.
3. Transition is on dirt road.

TRANSITION 7: 10025 S. Mountain Road, Fayetteville, PA

POINTS OF INTEREST:

Transition is directly across the street from the Armory.
AMERICAN ODYSSEY RELAY

LEG 8  “FAIGEN'S FROLIC”
5.5 MILES | HARD

RUNNERS
Mileage is per segment, not cumulative

1. Follow dirt road .1 to
2. Left on Snowy Mountain (dirt road) for 1.6 to
3. Right on Rothrock Road for .9 to
4. Left on Staley Road for 2.9 to
5. Cross over Old Forge into the Camp Penn transition area

ELEVATION: min: 892ft | max: 1847ft | ascent: 400ft | descent: -1054ft
VANS

Mileage is per segment, not cumulative

NOTE: If your runner wants company then you may follow him/her. Drive behind runner to avoid kicking up lots of dust. . . or go ¼ to ½ mile ahead. If you do this, make certain to immediately drive ahead once you reach the paved road (Old Forge) as it's only .3 and your runner will be there quickly!

1. Follow dirt road .1 to
2. Left on Snowy Mountain (dirt road) for 1.6 to
3. Right on Rothrock Road for .9 to
4. Left on Staley Road for 2.9 to
5. Cross over Old Forge into the Camp Penn transition area

Following your runner here can cause dust for other runners too. If your runner feels comfortable on his/her own through here, an alternate way to get to transition 8 is to back track down South Mountain the way you just came and drive 1.5 miles and make a right on Old Forge. Take Old Forge 4.5 miles to the transition on your left.

TRANSITION 8: 8005 Old Forge Road, Waynesboro, PA

POINTS OF INTEREST:

This is a beautiful run on a rugged dirt road through Michaux State Forest. Trail shoes are strongly suggested. It's almost all uphill and then all downhill. No flat terrain to speak of.

This leg is named after our running partner, Gary Faigen. I have no idea why.
AMERICAN ODYSSEY RELAY

LEG 9  “CFAR’S CLIMB”

5.6 MILES | HARD

RUNNERS

Mileage is per segment, not cumulative

1. Leave Camp Penn picnic area via trail in the rear heading to your left for .3 to
2. Right on Rattlesnake 4.3 to
3. Right on Mentzer Gap .8 to
4. Left into Pine Hill Park .2 to transition

ELEVATION: min: 896ft | max: 1519ft | ascent: 712ft | descent: -572ft

VANS
Mileage is per segment, not cumulative

1. Come out of the parking area and make a left on Old Forge for 3.25 to
2. Left on Mentzer Gap to
3. Right into Pine Hill Park and up to the parking area on the right.

TRANSITION 9: 12684 Mentzer Gap Road, Waynesboro, PA

PLEASE NOTE:

We strongly recommend that you not follow your runner here as it causes dust for the next runner. If your runner would like you to follow, please go very slowly and be aware of other runners.
AMERICAN ODYSSEY RELAY

LEG 10
5.5 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Back out of Pine Hill Park .1 to
2. Left on Mentzer Gap for .7 to
3. Left on Woodlea for .5 to stop sign to
4. Left on Mentzer Gap for 1.0 (straight through at four way stop sign) to
5. Left on Fish and Game for .2 to the end to
6. Left on Country Club Lane for 1.2 to
7. Left onto gravel path immediately adjacent to Washington Township Blvd. Stay on path for 1.2 to
8. Cross over Old Forge and continue on Washington Township Blvd. for .6 to
9. Right into Lowe’s Parking lot for .1

ELEVATION: min: 640ft | max: 1095ft | ascent: 166ft | descent: -506ft
VANS

Mileage is per segment, not cumulative

1. Follow runner directions (stay on road not path under no. 7).


TRANSITION 10: 12825 Washington Township Blvd. Waynesboro, PA
RUNNERS

Mileage is per segment, not cumulative

1. Leave transition area and make an immediate right on Washington Township Blvd. and cross Buchanan Trail (rt. 16) at .2. Lots of traffic, wait for light!
2. Continue for .1 to the end to
3. Left on Old Rt. 16 for .5 to end (road veers left, but don’t follow), instead turn
4. Right on Waterloo. At Stop sign continue straight. Turns into Harbaugh Church Rd. Take to end for 1.8 total on this segment
5. Left on Midvale (run on left side) for .3 to
6. Left on Rinehart. Bear left on Watery for a total of 1.0 for the segment to
7. Right on Welty Church for 1.7 to
8. Left on Greensburg Rd. for .9 to
9. Right on Bikle Rd. for .6 to
10. Transition on Left at Smithsburg Valley Church

ELEVATION: min: 663ft | max: 810ft | ascent: 362ft | descent: -327ft
AMERICAN ODYSSEY RELAY

LEG 11 “ANNA'S BANANAS”

7.4 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Leave transition area and make an immediate right on Washington Township Blvd. and cross Buchanan Trail (rt. 16) at .2. Lots of traffic, wait for light!

2. Continue for .1 to the end to

3. Left on Old Rt. 16 for .5 to end (road veers left, but don’t follow), instead turn

4. Right on Waterloo. At Stop sign continue straight. Turns into Harbaugh Church Rd. Take to end for 1.8 total on this segment

5. Left on Midvale (run on left side) for .3 to

6. Left on Rinehart. Bear left on Watery for a total of 1.0 for the segment to

7. Right on Welty Church for 1.7

8. Left on Greensburg Rd. for .9

9. Right on Bikle Rd. for .6

10. Transition on Left at Smithsburg Valley Church

TRANSITION 11: 12911 Bikle Road, Smithsburg, MD

POINTS OF INTEREST:

Crossing Rt. 16 may be a bit tricky, runners need to be alert to heavy traffic and wait for the light! There is also a .3 of a mile section on Midvale where the traffic will move rapidly. There is a huge breakdown lane and the runner should run on the left as the next turn will come up quickly on the left.

There will be port-o-johns at the Smithsburg Valley Church. Parishioners may sell food and drinks as well.
AMERICAN ODYSSEY RELAY

LEG 12
3.5 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. Out of Smithsburg Valley Church turn Left on Bikle
2. Immediately cross RT-64 (CAREFUL!!! Traffic on this road moves QUICKLY)
3. Follow Bikle to end for .3
4. Left on Bradbury Rd. for .7
5. Right on East Water St. for .8
6. Right on Cave Hill Rd. for .4
7. Right on Geiser Way for .9
8. Right on North Main St. past the main entrance of Smithsburg HS for .3 to
9. Left onto East School Ln for .1 to Transition.

ELEVATION: min: 712ft | max: 797ft | ascent: 150ft | descent: -174ft
AMERICAN ODYSSEY RELAY

LEG 12
3.5 MILES | EASY

VANS

Mileage is per segment, not cumulative

1. Out of Smithsburg Valley Church turn Left on Bikle
2. Immediately cross RT-64
3. Follow Bikle to end for .3
4. Left on Bradbury Rd. for .6
5. Right on East Fire Lane for .2
6. East Fire Lane curves Right and becomes East School Ln for .1
7. Transition is straight ahead

TRANSITION 12: 66 N. Main Street, Smithsburg, MD (transition on athletic field below school)

POINTS OF INTEREST:

Bathroom facilities will be available at Smithsburg High track.
RUNNERS

Mileage is per segment, not cumulative

1. Leave track on East School for .3 to

2. Left on Main Street. Continue straight at traffic light across Water Street for .3 to

3. Right on Railroad (just before the railroad tracks) for .2 to end to

4. Left on Maple

5. Maple changes name to Crystal Falls. Continue on Crystal Falls as it crosses Rt. 64 (heavy traffic!!)

6. Continue to transition at Mount Aetna Volunteer Fire Dept. on left for total of 4.0 for this segment

**ELEVATION:** min: 728ft | max: 915ft | ascent: 238ft | descent: -266ft
1. Exit top of parking lot. Make a right onto Bradbury to end. Make a right on Water and continue across Main Street.

2. Left on Maple

3. Maple changes name to Crystal Falls. Continue on Crystal Falls as it crosses Rt. 64 (heavy traffic!!) this segment is 4.1 total.

4. Continue to transition at Mount Aetna Volunteer Fire Dept. on left

5. NOTE: Be careful to park to the right of the garage doors at the fire station. DO NOT BLOCK ANY FIRE AND RESCUE VEHICLES!!

TRANSITION 13: 10305 Crystal Falls Drive, Smithsburg, MD

POINTS OF INTEREST:

Please be quiet and respectful of those who live here.
RUNNERS

Mileage is per segment, not cumulative

1. Left out of transition on Crystal Falls.
2. Bear left at 2.5 to remain on Crystal Falls.
3. Cross Rt. 40 (traffic here) at 3.0 and continue to 3.2 to end to
4. Left on Mt. Lena for .1 to
5. Right on Greenbrier for .7 to transition at 4.0 at Greenbrier State Park multi-use site on left

ELEVATION: min: 663ft | max: 758ft | ascent: 194ft | descent: -242ft
AMERICAN ODYSSEY RELAY
LEG 14
4.1 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Left out of transition on Crystal Falls.
2. Bear left at 2.5 to remain on Crystal Falls.
3. Cross Rt. 40 (traffic here) at 3.0 and continue to 3.2 to end to
4. Left on Mt. Lena for .1 to
5. Right on Greenbrier for .7 to transition at 4.0 at Greenbrier State Park multi-use site on left

TRANSITION 14: 21360 Greenbrier Road, Boonsboro, MD

POINTS OF INTEREST:

Although this parking area is at a trailhead in a state park, it’s a relatively small parking area. Please be respectful of the neighbors and don’t park on their lawns and don’t block their driveways.

Please also don’t linger at this transition as it’s small. As soon as your runner leaves, head to Boonsboro!
RUNNERS

Mileage is per segment, not cumulative

1. Left out of parking lot on Greenbrier to .7 to bear
2. Left onto San Mar for .1 to stop sign
3. Continue straight and road changes to Mt Laurel for a total of 1.5 to end to
4. Right on Keadle for .1 to
5. Left on Mt Laurel for 1.5 to
6. Right on Boonsboro Mountain for .1 to
7. Right on Orchard for .4 to
8. Intersection with Main
9. Carefully! Cross Main and
10. Bear left on Park Lane
11. To transition at front of Shafer Memorial Park

ELEVATION: min: 518ft | max: 846ft | ascent: 314ft | descent: -452ft
VANS

Mileage is per segment, not cumulative

1. Left out of parking lot on Greenbrier to .7 to bear
2. Left onto San Mar for .1 to stop sign
3. Continue straight and road changes to Mt Laurel for a total of 1.5 to end to
4. Right on Keadle for .1 to
5. Left on Mt Laurel for 1.5 to
6. Right on Boonsboro Mountain for .1 to
7. Right on Orchard for .4 to
8. Intersection with Main
9. Carefully! Cross Main and
10. Bear left on Park Lane
11. To transition at front of Shafer Memorial Park

TRANSITION 15: Shafer Park, Park Lane, Boonsboro, MD
AMERICAN ODYSSEY RELAY

LEG 16  “AMY’S AMBLE”
3.5 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. From Schafer Memorial Park head south on Park Ln for .1 to

2. Right on Potomac .8 to

3. Continue on MD-34/ Shepardstown Pike for 1.8 to

4. Left on Taylor Dr. for .1 to

5. Transition on Left (across from Library).

**ELEVATION:** start: 581ft | max: 607ft | ascent: 83ft | descent: -221ft
AMERICAN ODYSSEY RELAY

LEG 16 “AMY’S AMBLE”
3.5 MILES | EASY

VANS

Mileage is per segment, not cumulative

1. From Schafer Memorial Park head south on Park Ln for .1 to

2. Left on Potomac for .8 to

3. Continue on MD-34/ Shepardstown Pike for 1.8 to

4. Left on Taylor Dr. for .1 to

5. Transition on Left (across from Library).

TRANSITION 16: 22 Taylor Drive, Keedysville, MD

POINTS OF INTEREST:

Please be very quiet once you turn on Taylor Dr. as this is a residential area where normal people are fast asleep.
AMERICAN ODYSSEY RELAY

LEG 17
4.2 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. Straight down Alley from Transition .1

2. Right on Main (do not turn right on Coffman Farms Road), which turns into Keedysville. Stay on Keedysville Road by crossing over Sheperdstown Pike (MD 34) at .8 (traffic - be careful!!!)

3. Stay on Keedysville by going right after bridge at 1.2

4. Stay on Keedysville after bridge for 2.3 to transition at farm on left

ELEVATION: min: 338ft | max: 502ft | ascent: 226ft | descent: -196ft
AMERICAN ODYSSEY RELAY

LEG 17

4.2 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Stay straight on Taylor for .3 to end. Runners turn left at first alley near transition

2. Right onto Main St. for .4

3. Main turns into Keedysville. Cross Rt. 34 at .4 (traffic, be careful!!)

4. Stay on Keedysville by going right after bridge at .8.

5. Stay on Keedysville after bridge for 2.3 to transition at farm on left

6. Drive to the back of the property and loop around to face forward for parking and easy exit.

TRANSITION 17: 17933 Keedysville Road, Keedysville, MD

POINTS OF INTEREST:

In the past, this leg connected Amy Simmons and her sister, Wendy Price, whose farm is transition twenty. This year, Amy will be joining her sister on her farm at Transition 20. Please thank them for their participation and continued support!
RUNNERS

Mileage is per segment, not cumulative

1. Leave farm transition to the left for .9 to
2. Left on Fairplay for .7 to bear
3. Right on Taylor's Landing to end for .8 to
4. Left on Bowie for .5 to
5. Left on Mondell (cross Rt. 65 carefully!) into back entrance to Antietam Battlefield for .8 to
6. Right on Dunker Church Road to Transition in Visitor Center Parking Lot

ELEVATION: min: 322ft | max: 495ft | ascent: 247ft | descent: -225ft
VANS

Mileage is per segment, not cumulative

1. Leave farm transition to the left for .9 to
2. Left on Fairplay for .7 to bear
3. Right on Taylor's Landing to end for .8 to
4. Left on Bowie for .5 to
5. Right on rt. 65 for 1.25 to
6. Transition on the LEFT at the north end of the "Donut" parking area, with parking in the paved visitor center lot, or if needed, in the south end of the Donut.

Please note this is a change from previous years when we held transition at Dunker Church. Vans cannot enter the park until 9:30pm.

TRANSITION 18: 5831 Dunker Church Road, Sharpsburg, MD
1. Go back out Dunker Church for 1.0 to end to
2. Right on Mansfield for 0.7 to end to
3. Right on Smoketown for 0.4 to
4. Left on Mumma Farm for .6 to end to
5. Left on Bloody Lane 0.1 to
6. Right curve on Richardson for .9
7. Cross over rt. 34 (traffic!) and continue on road that is now called Rodman for 0.5 to
8. Old Burnside Bridge (signs toward Burnside Bridge) for 0.5 to handicapped parking area, which is the transition at Burnside Bridge.

ELEVATION: min: 325ft | max: 495ft | ascent: 199ft | descent: -304ft
Transition 19 is small. It's very dark and you will be there late at night. Please drive very slowly and be cognizant of runners, volunteers and other vans.

Please note that OVERSIZED VEHICLES (mobile homes, limos, 15 passenger vans, etc) WILL NOT BE ALLOWED TO DRIVE UP TO THE TRANSITION AREA. YOU SHOULDN'T BE IN ONE OF THESE TO BEGIN WITH, SO PLEASE DON'T MOAN ABOUT THIS SAFETY PRECAUTION! YOU WILL BE DIRECTED TO TURN RIGHT AT THE END OF RODMAN (SEE BELOW) AND YOUR RUNNER WILL NEED TO RUN ABOUT ONE HALF MILE TO THE TRANSITION.

**VANS (Following Runners)**

Mileage is per segment, not cumulative

1. Go back out Dunker Church for 1.0 to end to
2. Right on Mansfield for 0.7 to end to
3. Right on Smoketown for 0.4 to
4. Left on Mumma Farm for 0.6 end to
5. Left on Bloody Lane 0.1 to
6. Right on Richardson for 0.9
7. Cross over rt. 34 (traffic!) and continue on road that is now called Rodman for 0.5 to
8. Left on Old Burnside Bridge (signs toward Burnside Bridge) for 0.6 to top of hill where there is a parking area.
9. Walk carefully down the road inside the cones back to the transition area. Do not stop at the transition to let runners out, you will mess up traffic!

**VANS (Not Following Runners)**

1. Exit Visitor's Center lot from the left side (with the Visitor's Center at your back) and go to the
2. second stop sign and turn
3. Left onto route 65 for 0.9 to
4. Left on route 34 (Main Street) for 0.6 to
5. Right on Rodman for 0.5 to
6. Old Burnside Bridge (signs toward Burnside Bridge) for 0.6 to top of hill where there is a parking area.
7. Walk carefully down the road inside the cones back to the transition area. Do not stop at the transition to let runners out, you will mess up traffic!

**TRANSITION 19: Old Burnside Bridge Road, Sharpsburg, MD**

**POINTS OF INTEREST:**
It doesn't get much cooler than this! Antietam Battlefield in the middle of the night! The single bloodiest day in American war history took place at Antietam and you are here to re-live it 150 years later!
AMERICAN ODYSSEY RELAY

LEG 20
3.45 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. Head back onto Old Burnside Bridge/Branch for 1.35 to
2. Left on Harpers Ferry Road for 2.0 to
3. Right on Canal .1 to
4. Transition on left

ELEVATION: min: 299ft | max: 495ft | ascent: 135ft | descent: -236ft
VANS

Mileage is per segment, not cumulative

1. Head back onto Old Burnside Bridge/Branch for 1.35 to
2. Left on Harpers Ferry Road for 2.0 to
3. Right on Canal.1 to
4. Transition on left

POINTS OF INTEREST:

This is a residential area. PLEASE, PLEASE, PLEASE, BE QUIET AND RESPECTFUL!
RUNNERS

Mileage is per segment, not cumulative

1. Head west on Canal Rd toward Millers Sawmill Rd 1.4 to
2. Right on Millers Sawmill Rd 1.7 to
3. Left on Harpers Ferry Rd .7 to
4. Continue onto S Mechanic St .2 to
5. Left on Main .45 to transition at Sharpsburg Elementary School

ELEVATION: min: 299ft | max: 489ft | ascent: 253ft | descent: -72ft
VANS

Mileage is per segment, not cumulative

1. Right out of transition to

2. Left on Harpers Ferry Road for 2.6 to

3. Continue on S Mechanic St for .2 to

4. Left on Main .9 to transition at Sharpsburg Elementary School

TRANSITION 21: 17525 Shepherdstown Pike, Sharpsburg, MD

POINTS OF INTEREST:

This is a residential area. PLEASE, PLEASE, PLEASE, BE QUIET AND RESPECTFUL!
RUNNERS

Mileage is per segment, not cumulative

1. Leave Sharpsburg Elementary school to the left for 3.0 miles. Cross James Rumsey Bridge into West Virginia to transition on the left

ELEVATION: min: 323ft | max: 486ft | ascent: 67ft | descent: -159ft
VANS

Mileage is per segment, not cumulative

1. Leave Sharpsburg Elementary school to the left for 3.0 miles. Cross James Rumsey Bridge into West Virginia to transition on the left

TRANSITION 22: Snyders Landing, 1, Sharpsburg, MD

POINTS OF INTEREST:

Parking up the hill at the upper Bavarian Inn parking lot with overflow parking across the street.

World Famous Boy Scouts pancake breakfast!
AMERICAN ODYSSEY RELAY

LEG 23
4.6 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. Start WV side of James Rumsey Bridge where leg 21 ends.
2. Cross back over bridge to MD.
3. Take immediate right to towpath.
4. Make a right at the split toward Synder's Landing. This is the only time the river will be on your left.
5. Continue 1.4 miles to transition on right.

ELEVATION: min: 295ft | max: 375ft | ascent: 57ft | descent: -114ft
AMERICAN ODYSSEY RELAY

LEG 23
4.6 MILES | EASY

VANS

Mileage is per segment, not cumulative

STARTING FROM BAVARIAN INN (164 Shepherd Grade Road)

1. Head South on Shepherd Grade Road toward North Duke Street .2 miles
2. Left to North Duke Street .2 miles
3. Continue to Shepherdtown Pike 2.9 miles
4. Continue onto West Main Street .2 miles
5. Left to North Potomac Street 482 feet
6. Left to West Champline Street 233 feet
7. Right to Snyder's Landing Road For 1.4 miles
8. Transition on Right

TRANSITION 23: Snyders Landing 1, Sharpsburg, MD
AMERICAN ODYSSEY RELAY

LEG 24
4.7 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. Runners leave Snyders Landing and head back towards West Virginia (River should be on your right)

2. Continue 1.4 miles. At the split, take a left back up the path to the bridge.

3. Veer left to ramp to head back to top of James Rumsey Bridge

4. Continue across bridge to transition (gravel lot across from Bavarian Inn)

ELEVATION: min: 295ft | max: 375ft | ascent: 114ft | descent: -57ft
VANS

Mileage is per segment, not cumulative

1. Out of transition make a LEFT and take Snyder's Landing Road for 1.4 miles
2. LEFT on West Champline Street for 233 feet
3. RIGHT on North Potomac Street for 482 feet
4. RIGHT on West Main Street for .2 miles
5. Continue to Shepherdtown Pike for 2.9 miles
6. Continue to North Duke Street for .2 miles
7. RIGHT on Shepherd Grade Road
8. To Transition at 164 Shepherd Grade Road - Bavarian Inn

TRANSITION 24: 164 Shepherd Grade Road, Shepherdstown, WV
AMERICAN ODYSSEY RELAY

LEG 25
8.6 MILES | HARD

RUNNERS

Mileage is per segment, not cumulative

1. Runners leave Rams Stadium and turn right on Rte 34. Run back across James Rumsey Bridge into Maryland.

2. Turn right onto pedestrian ramp and follow to Towpath.

3. Turn left and follow towpath to Transition 25 (Dargan Bend)

4. The river should be on your right!

ELEVATION: min: 282ft | max: 364ft | ascent: 149ft | descent: -224ft
AMERICAN ODYSSEY RELAY

LEG 25
8.6 MILES | HARD

VANS

Mileage is per segment, not cumulative

1. Come out of parking area and turn left on rt. 34. Cross the bridge over the Potomac and make an immediate hard right onto Canal Road. At approximately 2 miles stay right to stay on Canal. Go 0.2 miles to end of Canal Road and make a right onto Harpers Ferry Road. Go over the Antietam Bridge and continue straight up hill on Limekiln (do not bear left over the bridge!)

2. At about 2.2 miles along Limekiln there is a parking lot on the right where you can pull over and wait for your runner.

3. Continue 0.3 on Limekiln and make a right on

4. Harpers Ferry Road 0.3 to Dargan (sign for New Fellowship Church) and turn right.

5. Take Dargan 0.4 to Back Road and turn right. Transition is approximately 1.0 on right.

TRANSITION 25: Dargan Bend 11, Sandy Hook, MD

POINTS OF INTEREST:

This is the start of the C & O Canal portion of the race. The C&O Canal formally opened its 184.5 mile expanse in October of 1850 as a means of transporting cargo west. The Canal competed for commerce with the B&O Railroad, but did well during the 1850s mostly as a result of coal transport. Many troops crossed the Potomac River and the Canal during the Civil War.
1. C & O Canal Dargan Bend to Weverton.

**ELEVATION:** min: 243ft | max: 331ft | ascent: 65ft | descent: -113ft
VANS

Mileage is per segment, not cumulative

Leave transition and head right on Back Road in opposite direction from which you arrived. Turn right on Harpers Ferry Road (the road is narrow here) at about .9. It eventually becomes Sandy Hook Road. Take a right at Keep Tryst Road at 4.8 (total since you left transition). There is a big red barn here and a Stop sign. Take Keep Tryst to the bottom of the hill (1.0 from the previous turn) and park your van and walk straight ahead to the Canal. Keep Tryst is essentially a U shaped road. Park as close to the bottom as you can, but do know that there is parking all the way up Keep Tryst toward 340.

TRANSITION 26: 19698 Keep Tryst Road, Knoxville, MD

POINTS OF INTEREST:

This transition can be easy to miss, so be careful. If you end up on Jefferson National Pike (340), you’ve gone too far. Turn around!

This leg is named for running partners Alan Weiner and David Wittenstein. Even they shouldn’t be able to get lost on the second towpath leg!
AMERICAN ODYSSEY RELAY

LEG 27 "GLASSMAN WEALTH"
3.3 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. C & O Canal Weverton to Brunswick

**ELEVATION:** min: 236ft | max: 253ft | ascent: 43ft | descent: -51ft
LEGO 27 "GLASSMAN WEALTH"
3.3 MILES | EASY

VANS

Mileage is per segment, not cumulative

1. Leave Weverton on Rte. 340 East for 2.5 miles to second exit.
2. Take Rte. 17 south towards Brunswick for 0.1 miles.
3. 1/2 around circle to stay on 17 for 1.0 mile.
4. At first stop light turn right on Petersville for 0.9 miles.
5. Go 3/4 around next circle to A St. (follow signs for MARC) for 0.1 miles.
6. First right on Maple to MARC parking lot for 0.1 miles.
7. Park in lot and walk over the 2nd set of tracks to the transition. Please do not drive over the 2nd set of tracks as that will take you too far.

TRANSITION 27: 100 S. Maple Ave., Brunswick, MD
AMERICAN ODYSSEY RELAY

LEG 28
6.6 MILES | MEDIUM

RUNNERS

Mileage is per segment, not cumulative

1. C & O Canal Brunswick to Point of Rocks

ELEVATION: min: 217ft | max: 240ft | ascent: 79ft | descent: -93ft
VANS

Mileage is per segment, not cumulative

1. Leave MARC lot to light.
2. Right on East Potomac for about 0.5 to stop sign.
3. Left on Park. Name changes to Gum Spring. Drive a total of .6 to the end and then turn
4. Right on H Street to quick
5. Right on Souder to quick
6. Left on 464/Point of Rocks Rd/9th Ave. (yeah, it has a lot of names!)
7. Take for approximately 7 miles to right on Rte. 15 for 1 mile to first light (don't cross the Potomac!) and turn
8. Left on Clay (Rte. 28) for 0.2 miles following signs for MARC to
9. Right on Monroe to end to
10. Park in the MARC lot on the left.

TRANSITION 28: 4000 Clay St. Point of Rocks, MD

PLEASE NOTE: The transition is upriver to the right of the lot (when you drive in you will park on your left, but you will need to walk to the right). A few hundred feet up the dirt road you will turn left and cross the railroad tracks and the one lane bridge. The transition is directly over the bridge to your left. There are National Park Service portable toilets to the right of the lower parking area. Wait, you are saying. Lower parking area? Why don't we just park down there? Please don’t. There are only a very limited number of spots and there is a boat ramp. And a one lane bridge. So, let’s not clog things up unnecessarily please.
1. C & O Canal Pt. of Rocks. Pass Nolands Ferry at approximately 3.8 and continue to 5.8 to Monocacy Aqueduct

2. Turn left to come out of Canal on Aqueduct Lane to connect with and continue on Mouth of Monocacy Rd. for a total of 1.4 to cross over Rt. 28 for .4 to second

3. Right on Mt. Ephraim Road for .3 to transition at MARC train station
AMERICAN ODYSSEY RELAY

LEG 29
8.3 MILES | HARD

VANS

Mileage is per segment, not cumulative

1. Out of MARC lot to light.

2. Bear right to stay on 28 for 8.1 miles to left on Mt. Ephraim for .1 by following signs for MARC lot

TRANSITION 29: 22211 Mt. Ephraim Road, Dickerson, MD

(Please note: If you would like to meet your runner coming off the canal, make a right off of Rt. 28 onto Mouth of Monocacy and follow it to bottom where you bear left into the parking area.)
1. Continue on Mt. Ephraim for .2
   to
2. Left on Rt. 28, Darnestown Road
   to
3. Immediate left after bridge onto
   Big Woods for 2.6 to
4. Right on Beallsville Road (Rt. 109) for 1.4 to cross over Rt. 28
   and
5. Continue on Beallsville Road for
   2.0 and
6. Bear right as road changes name
   to Elgin for .4 to cross over
   Fisher and
7. Stay on Elgin for .1 to end to
8. Left on Wootton for .4 to
9. Right on Hughes for .6 to
10. Right on Tom Fox for .3 to
11. Transition at John Poole Middle School

**ELEVATION:** min: 295ft | max: 518ft | ascent: 349ft | descent: -380ft
AMERICAN ODYSSEY RELAY

LEG 30 "KELLY'S CONUNDRUM"
8.1 MILES | HARD

VANS

Mileage is per segment, not cumulative

1. Continue on Mt. Ephraim for .2 to

2. Left on Rt. 28, Darnestown Road to

3. Immediate left after bridge onto Big Woods for 2.6 to

4. Right on Beallsville Road (Rt. 109) for 1.4 to cross over Rt. 28 and

5. Continue on Beallsville Road for 2.0 and

6. Bear right as road changes name to Elgin for .4 to cross over Fisher and

7. Stay on Elgin for .1 to end to

8. Left on Wootton for .4 to

9. Right on Hughes for .6 to

10. Right on Tom Fox for .3 to

11. Transition at John Poole Middle School

TRANSITION 30: 17014 Tom Fox Ave. Poolesville, MD
RUNNERS
Mileage is per segment, not cumulative

1. Out transition and continue on Tom Fox .4 to
2. Right on Hughes for 2.8 to
3. Right on River Road for .4 to
4. First left on Sycamore Landing for .4 to transition

ELEVATION: min: 187ft | max: 312ft | ascent: 55ft | descent: -171ft
VANS

Mileage is per segment, not cumulative

1. Out transition and continue on Tom Fox .4 to

2. Right on Hughes for 2.8 to

3. Right on River Road for .4 to

4. First left on Sycamore Landing for .4 to transition

TRANSITION 31: Sycamore Landing Road, Poolesville, MD
1. Continue down Sycamore Landing Road for .4 to

2. Left at the end of gravel road to enter C&O Canal for 7.4 - Potomac River should be on your right as you run

**ELEVATION:** min: 180ft | max: 215ft | ascent: 83ft | descent: -38ft
AMERICAN ODYSSEY RELAY

LEG 32  “JAN’S JAUNT”
7.8 MILES | MEDIUM

VANS

Mileage is per segment, not cumulative

1. Return back up Sycamore Landing .4 miles to

2. Right on River Road for approximately 7.5 miles to

3. To right on Pennyfield Lock Road to the end.

4. The transition can be reached by going to the far left end of the parking lot and walking on the path until you cross over the C&O Canal.

TRANSITION 32: Pennyfield Lock Road, Potomac, MD
AMERICAN ODYSSEY RELAY

LEG 33  “CYNDI’S CRUNCH”
9.1 MILES | HARD

RUNNERS

Mileage is per segment, not cumulative

1. C&O Canal Pennyfield Lock to Carderock Recreation Area.

ELEVATION: min: 144ft | max: 214ft | ascent: 248ft | descent: -121ft
Exit Pennyfield Lock Road. Right on River Road for 5.25 to Falls Road (189). Make a right on Falls Road. Major intersection just past the Giant Food store on the right and the Post Office on the left. Take Falls for 2.0 miles to the end. Turn left at the stop sign onto MacArthur Blvd. for 2.2 miles to right onto Clara Barton Pkwy. .6 to first exit on the right (Carderock Picnic Area). Bear right to the Yield Sign as you reach the first intersection. At the stop sign at the end of the next road turn right to the end into the parking lot. There are toilets to the left and the trail is directly across the lot from those rest rooms on the right side.

TRANSITION 33: Carderock Recreation Area, Potomac, MD
AMERICAN ODYSSEY RELAY

LEG 34 "LEG LEIDOS"
3.0 MILES | EASY

RUNNERS

Mileage is per segment, not cumulative

1. C&O Canal Carderock Picnic Area to Wilson Lane.

**ELEVATION:** min: 49ft | max: 142ft | ascent: 98ft | descent: -129ft
VANS

Leave parking lot for .4 to first left. Wind around to eventual left onto Clara Barton Parkway West towards Potomac (returning the same way you just came - not heading towards DC) .6 to the end. Right on MacArthur Blvd. 3.3 to cross the one lane bridge. Park on either side of the bridge.

TRANSITION 34: 7400 MacArthur Blvd., Bethesda, MD

POINTS OF INTEREST:

PLEASE NOTE: From the place where you park to where you meet your runner is a 7-10 minute walk down a dirt path. Yes, we know you're tired, but this is the safest way to run into DC!
AMERICAN ODYSSEY RELAY

LEG 35 “PHYLLIS’ FAVORITE”
4.4 MILES | MEDIUM

RUNNERS

1. C & O Canal Wilson Lane to Fletcher’s Cove

ELEVATION: min: 30ft | max: 62ft | ascent: 46ft | descent: -72ft
VANS

Continue down MacArthur Blvd. being careful to observe the speed limit. Big speed trap when you hit the DC line! Take MacArthur past Arizona Ave. and the Citibank on your right. Continue a bit farther to the Exxon station on your right. You will then get to Reservoir Road. Make a right on Reservoir and take it to the bottom. Fletcher’s Cove is directly across the street.

If there is no parking in first lot go through tunnel to second large lot on the other side of the Canal.

TRANSITION 35: 4940 Canal Road, Washington, DC

POINTS OF INTEREST:

This is pretty close to where the race director’s wife spends much of her time. Gotta name one after the wife!!

Bathrooms and a small concession stand are available.
1. Leave Fletcher’s Cove and head down the Canal approximately 2.1 miles. Go under the overpasses for the Whitehurst Freeway and the Key Bridge and almost immediately bear

2. Left up ramp over the Canal then make an immediate left and run .1 up the bike path towards M Street and then immediately turn left again onto the sidewalk at the Key Bridge for .5 past the first street once the bridge ends to

3. Left onto Mt. Vernon Bike Trail, which is immediately adjacent to the second street after the bridge ends - the asphalt path with the yellow line down the middle. Don’t go on the dirt path before the bike path. You are essentially turning left on what appears to be the sidewalk and then turns into the bike path.

4. At approximately .5 after starting on the bike path you will come to the Roosevelt Island parking area. The path crosses over the parking lot and continues on the right side of the parking area. Do not run through the parking lot. Soon after the parking area and the footbridge on the left to Roosevelt Island, the path splits and YOU MUST STAY LEFT along the river on the boardwalk like surface. Continue for another .7 after this point to go under the Memorial Bridge and continue for an additional 1.2 to

5. Right up short hill (before the bridge—sign will say “to DC”) that will bring you up onto the 14th Street Bridge walkway (left side of bridge only) into D.C. Continue over bridge for .5 to

6. Over crosswalk onto sidewalk with Jefferson Memorial on your left for .3 to

7. Make a right at the first crosswalk to cross over this street and then left onto the sidewalk on the other side of the road essentially continuing in the same direction for .2 to bear

8. Right on Maine Ave., go under the underpass (Rte. 395) and continue straight on right side for .3 to the end of the sidewalk.

9. Make a right on 7th street to finish at Recreation Pier

**ELEVATION:** min: 0ft | max: 66ft | ascent: 154ft | descent: -177ft
VANS

Mileage is per segment, not cumulative

Come out of Fletcher’s and bear to the right to continue on Canal Road (this is not the way you just came in). Go to the end (1.5 miles) and bear right to stay on Canal, which becomes M St. Pass Georgetown University on the left. Stay in the right hand only turn lane and bear right on Whitehurst Freeway immediately before the second light (.5 miles). There will be an Exxon station on your left. Take the Whitehurst approximately .7 of a mile and bear right onto the E Street Expressway. Then follow signs for Independence Ave. which will have you on the left side of the road. At the Stop sign—with the Lincoln Memorial in front of you, go straight ahead. The road will become Independence Ave. Follow Independence past 17th Street, (the Tidal Basin and Jefferson Memorial will be on your right.) Bear off to the right onto Maine Avenue under 395 to a right on 7th street to the parking garage.

TRANSITION 36: 1100 Maine Street SW, Washington, DC

POINTS OF INTEREST:

Not only does this runner get to finish, but he/she gets to run over the Key Bridge into VA and then back over the 14th St. Bridge into the District! Even DC area natives can't help but feel moved by the scenery along this leg. Monuments, the Potomac River, The Tidal Basin, two bridges. . . . Wow!

This finish has been in the works for years (and years!) We are so glad to be able to finish here for our 10th anniversary. We hope you love it as much as we do!!