



AMERICAN ODYSSEY RELAY

RUNNER'S TOTAL LEGS CHART

Runner	First Leg	Second Leg	Third Leg	Total	Difficulty Rank
1	6.0 M	4.7 M	8.6 H	19.3	4
2	6.25 M	4.1 M	6.8 M	17.2	5
3	6.7 M	4.5 M	3.3 E	14.5	9
4	8.6 VH	3.5 E	6.6 M	18.7	2
5	4.6 M	4.2 M	8.3 H	17.1	6
6	6.5 VH	4.6 M	8.1 H	19.2	1
7	4.9 M	4.8 M	4.1 E	13.8	12
8	5.5 H	3.5 E	7.8 M	16.8	8
9	5.6 H	4.5 E	9.1 H	19.2	3
10	5.5 M	3.0 E	3.0 E	11.5	10
11	7.4 M	4.6 E	4.4 M	16.4	7
12	3.5 E	3.7 E	6.9 M	14.1	11

E - Easy
M - Medium
H - Hard
VH - Very Hard

Rating based on length, terrain, elevation and time of day/night

Last Revised: January 31, 2019